

Geopathic Stress

The Earth produces its own electromagnetic field and, as human beings, we resonate with the frequency of the Earth.

However, natural phenomena such as fault lines, underground streams or caverns can distort Earth's frequencies which in turn have a disharmonising influence on our own energetic vibrations.

Electrosmog

Technology allows us to do amazing things. At the same time our gadgets, power lines, wireless networks and other innovations produce electromagnetic fields (EMFs). These EMFs vibrate at a far higher rate than those naturally produced on Earth.

These higher vibrations surround us, invade and clog up our energy systems – hence the term 'Electrosmog'. As a result our cells can struggle to survive or react against each other. Either way our health is affected.

Predecessor Chi

Not only can energy have an effect on us but we can also change energy with our emotions. This charged energy can be soaked up by objects like a sponge.

For example, if a house has been inhabited by a couple that have constantly argued, an energy of conflict will seep into the fabric of the building. When another couple move in they may find that they start arguing because that energy is stuck there and is affecting them.

Jackie Notman

I have been involved with healing since becoming an Aromatherapist in 1994. This was my introduction into the world of energy and since then I have studied many different methods of helping people achieve balance in order to live life to the full.



However, I soon realised that whatever precautions we may take to be healthy, our focus is often on ourselves and we disregard our environment. For that reason I have studied Feng Shui and became an accredited practitioner in 2009. My **Home/Health Survey** is just one part of my full Feng Shui service.

When I carry out your **Home/Health Survey** we'll agree suggestions for improvements. I can help to change your environment for the better but it's up to you to want to make those changes in your life.

So, I'm happy to make the commitment, but you have to be too otherwise any changes you'll see will be short-lived. And, if we do work together, I'm available for advice, clarification, help and feedback.

If you're ready for the ultimate in holistic healthcare then so am I. Why not contact me?



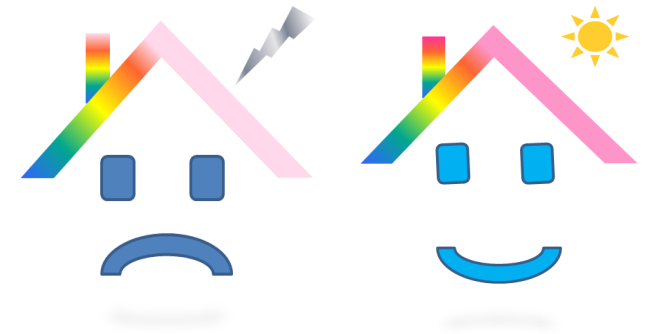
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IS YOUR HOME ENHANCING OR DAMAGING YOUR HEALTH?



Find out with a
Home/Health Survey



Ask yourself...

- Has your health or sleep suffered since moving home or changing your room layout?
- Do you feel much better when you're not at home?
- If you've just moved, did the people living in the house before you have similar problems?
- Do parts of your home feel damp or cold without reason?
- Has your health deteriorated since changing jobs or work location?

Your home or workplace can be affected by detrimental energies such as **Geopathic Stress**, **Electrosmog** and **Predecessor Chi** which in turn can affect you and your family.

These energies can have a weakening effect on your immune system which means that you are vulnerable to health problems including:

- Fatigue
- Insomnia or poor quality sleep
- Headaches
- Immune system dysfunction
- Fertility problems & miscarriage
- Depression
- Behavioural problems
- Cancer/tumours
- Chronic health problems

Some people, such as pregnant women and children are more vulnerable but we can all be affected to some extent if we are exposed to these energies.

And now for the **GOOD NEWS...**

The first step is to find out if there's a problem and, if there is, you need to know how to deal with it. Often just a small change will improve the quality of you and your family's lives.

You can do all this with a simple **Home/Health Survey** which includes:

- Measure for **Electrosmog** including microwave leaks and factors external to your home.
- Dowse for **Geopathic Stress** and other detrimental energies.
- Special attention is given to areas that you spend a lot of time in such as your bed, your kitchen or your home office.
- Special attention is also given to any current health issues you or your family may have.
- Discuss the findings with you and offer solutions that suit you and your family. You can consider avoidance, changing your habits or cures.
- Clear Geopathic Stress and other detrimental energies if required.

A **Home/Health Survey** can be carried out remotely or on site. A remote survey includes all of the above *except* checking appliances and external factors for **Electrosmog**.

A remote survey requires a scaled floor plan of your house or workplace with individual rooms shown and important areas marked such as where you sleep, work and spend a lot of time. I'll also need your full address and postcode.

You **CAN** protect yourself

If I'm carrying out an on-site survey the length of time will depend on the size of your property but will take a minimum of 1^{1/2} hours.

When I carry out your **Home/Health Survey** my objective is clear: to offer you ways to improve your environment and your health.

I also offer a **Space Clearing Service** which is carried out on site and is particularly good for clearing **Predecessor Chi** as well as blessing new buildings. It's an ideal gift to yourself when you move into a new home or are recovering from lots of building work!

Not only will it clear out any stuck energies that could cause problems for you in the future, it will also bring in lots of positive fresh energy to enhance your life.

Full details of all my services and costs, including **Feng Shui**, **Dowsing** and **Space Clearing** can be found on my website www.fs168.co.uk.

Alternatively you can contact me by email or phone, details of which are shown overleaf.

Remember, life is easier, happier and healthier when your environment is working with you.

